



# Working in Confined Spaces

Every year a number of people are killed or seriously injured due to working in confined spaces, often because they are unaware of the dangers, poorly trained or do not have the correct safety equipment.

This Working in Confined Spaces training course has been designed as an introduction to the topic so learners can understand more about safe work practices, suitable control measures and what the law says in regards to staying safe at work.



A confined space is any area which is substantially enclosed and where there are risks to health and safety from hazardous substances or hazardous conditions. If you, or your employees, are required to work under such conditions then regular training is recommended.

## COURSE CONTENTS

The course covers the following four elements:

- Confined Spaces Legislation
- Risk Assessment
- Control Measures
- Emergency Procedures

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# WHAT RESULTS CAN I EXPECT?

By the end of this course learners will:

- Have knowledge of their legal responsibilities under the Health and Safety at Work Act, Confined Spaces Regulations and other related legislation.
- Understand how to carry out a risk assessment of work to be carried out in a confined space.
- Be aware of the dangers of working in confined spaces and understand the importance of implementing appropriate control measures.
- Understand the necessary emergency procedures for working in confined spaces.



# WHO SHOULD TAKE THIS COURSE?

This course is suitable for anyone whose work requires them to enter a confined space, including employees, managers, supervisors and rescuers. The course is designed as an introduction to working safely in confined spaces and so no pre-requisite training is needed.

This e-learning course provides awareness education. Depending on your company risk assessment, further training may be required to complete the all-round skills and knowledge to carry this forward practically in your organisation.

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