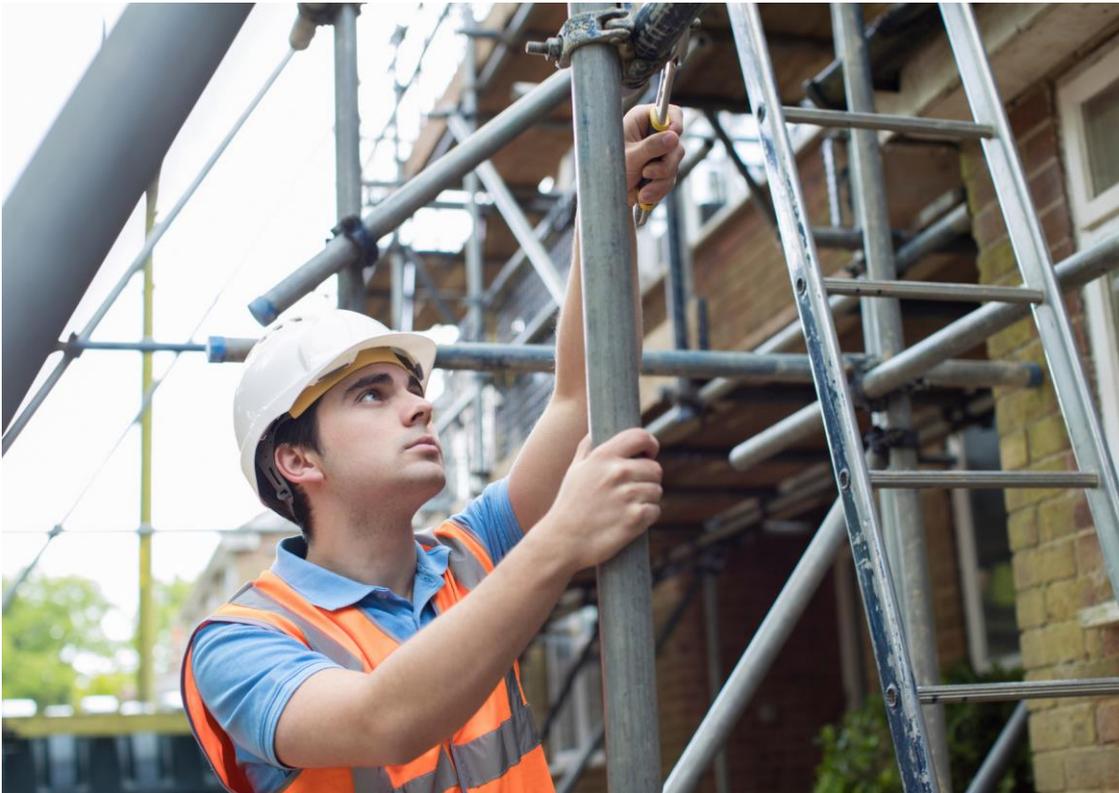




Working at Height

Falls from height are one of the most common causes of injury at work. They can result in serious injuries and fatalities to people at work and others passing by, including those carrying out construction and maintenance as well as members of the public. Therefore, it's important that anyone carrying out work at height activities understands how to work safely and responsibly and in accordance with the law.



This Working at Height training course helps you to comply with the Work at Height Regulations 2005 by providing employers and employees with the necessary information needed to be able to successfully deal with working at height risks and control measures. This includes an understanding of how to undertake a working at height risk assessment to effectively control and manage risks, how to use access equipment safely and how to ensure that employees can reduce their risk of falls from height..

COURSE CONTENTS

The course covers the following four elements:

- Introduction and Legislation
- Work at Height Risk Assessments
- Avoiding, Preventing and Minimising Risks
- Work at Height Equipment

SHAPING THE WAY BUSINESSES OPERATE

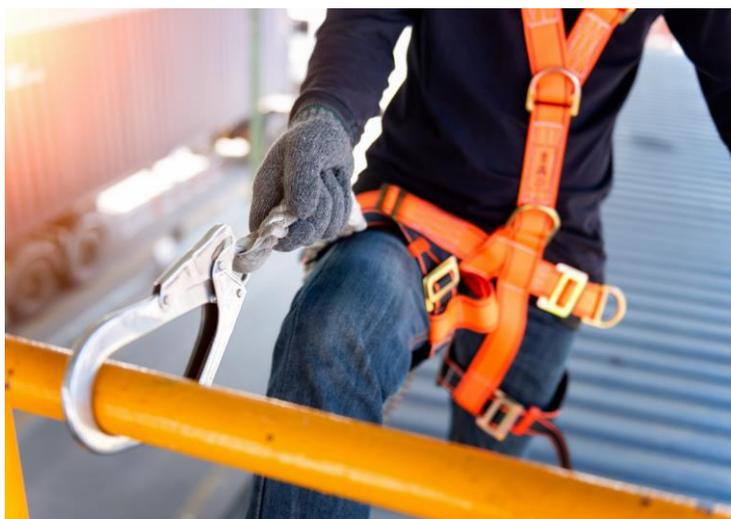


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WHAT RESULTS CAN I EXPECT?

By the end of this course learners will:

- Understand the main features and requirements of the Work at Height Regulations.
- Give examples of common working at height tasks and understand the associated hazards and risks.
- Identify the factors that contribute to persons and objects falling from height.
- Describe the control measures that control and reduce the risk of falls from height.
- Understand the proper use of access and work at height equipment and safe methods of access to reduce or eliminate the risk of falls.



WHO SHOULD TAKE THIS COURSE?

Anyone who works at height in any place, including a place at or below ground level, is required to undertake training to prove that they are competent and safe in their work. It is the employer's duty to ensure that this training is provided: Regulation 5 of the Work at Height Regulations 2005 states that employers must ensure all employees engaged in any work at height activity must be competent to do so. This includes, but is not limited to, professions such as gutter cleaning, solar panel installation, putting up displays, minor roof work, shelf stacking, window cleaning, unloading a vehicle.

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