



# Personal Protective Equipment

This PPE Training course is designed to familiarise employers, senior staff, and employees with all the fundamental aspects of PPE that is used in work environments.



The course looks at legislation relating to PPE, the various types of PPE that protect workers from hazards, and how to determine the need for PPE. With this knowledge, learners will be fully prepared to select and use PPE properly, so health and safety is upheld at work.

## COURSE CONTENTS

The course covers the following five elements:

- Introduction and Legislation
- Selection, Use, and Maintenance
- Breathing, Skin, and Eye Protection
- Hearing and Head Protection
- Body and Foot Protection

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# WHAT RESULTS CAN I EXPECT?

By the end of this course learners will:

- The importance of personal protective equipment, the relevant legislation relating to it, risk assessments, and employers and employees' duties.
- How to decide if PPE is needed, how to properly select PPE, and how to use it effectively.
- The importance of safety signs, maintaining and properly storing equipment, and ensuring that it is suitable for its intended user.
- The various breathing, skin, and eye protective equipment available and how to use them.
- The various ear and head protective gear available and their uses.
- The various body and foot protective equipment available and their uses.



# WHO SHOULD TAKE THIS COURSE?

This Personal Protective Equipment training is suitable for anyone who works in an industry with high-risk activities, which often require the use of additional protection beyond other control measures. It is particularly useful for people in charge of upholding health and safety at work and selecting and providing PPE, such as employers and supervisors. But it is also suitable for employees, as it fully educates learners on how to meet legal requirements and use PPE properly.

**T** +44 (0) 191 481 3490

**M** 07973 686 727

**E** [barrycooper@pentagonassurance.com](mailto:barrycooper@pentagonassurance.com)

**W** [www.pentagonassurance.com](http://www.pentagonassurance.com)

**A** One Trinity Green,  
Eldon Street,  
South Shields,  
Tyne & Wear  
NE33 1SA



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