



Ladder Safety Training

This Ladder safety course will help you understand how to use ladders and stepladders safely. Knowing how to choose, set up and use ladders correctly will reduce the likelihood of accidents happening in the workplace.



This course provides a complete introduction to ladder safety and the safe working practices you should follow. It explains how to select, carry out pre-use checks, set up, and use ladders as well as outlining the steps of a ladder-specific risk assessment. By completing the training, you will understand the relevant health and safety legislation and feel more confident about safely carrying out workplace tasks.

COURSE CONTENTS

The course covers the following six elements:

- Introduction to Ladder Safety
- Legal Responsibilities
- Risk Assessment
- Inspection, Maintenance, and Storage
- Setting Up Ladders
- Using Ladders Safely

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WHAT RESULTS CAN I EXPECT?

By the end of this course learners will:

- Understand why it's important to work with ladders safely.
- Know what the legal requirements are concerning ladder safety.
- Recognise what everyone's duties are regarding ladder safety and who can use ladders.
- Know how to carry out a ladder risk assessment.
- Understand how to carry out pre-use inspections of ladders.
- Be aware of detailed visual inspections, maintenance and repair procedures, and the safe storage conditions for ladders.
- Recognise the various safety practices you must follow when using ladders and stepladders, including setting them up, stabilising, transporting, and working on them.



WHO SHOULD TAKE THIS COURSE?

This course is designed for those who use ladders and/or stepladders as part of their job role. It is suitable for employees of all levels as it is designed as an introduction to ladder safety and so no prerequisites are needed.

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