



# CDM Regulations

The Construction (Design and Management) Regulations 2015 place specific responsibilities on duty holders, including designers and contractors, and make them accountable for the consideration and management of health and safety on construction sites.

This CDM Regulations course has been designed to provide learners with a practical knowledge of key duty holder requirements under the new CDM Regulations.



The aim of the Regulations is to minimise the risk of serious injuries and workplace fatalities on construction sites. By taking this course, learners will understand the importance of planning for and integrating safety management into the planning and design stages of construction projects and ensure that their work practices are complying with the law.

## COURSE CONTENTS

The course covers the following three elements:

- Introduction to CDM - the key points of the CDM Regulations as well as who has duties and what they are.
- Planning and Preparation - how to notify the HSE about a project, when a project is notifiable, what to include in a client brief and how to prepare and plan the pre-construction phase, the construction phase plan and the health and safety file.
- Further Guidance - where to find additional information and resources on a series of very specific regulations.

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# WHAT RESULTS CAN I EXPECT?

By the end of the course, learners will:

- Have an overview of the CDM Regulations 2015.
- Know what they are required to do by law under CDM Regulations.
- Know how to prepare the pre-construction information.
- Know how to prepare the construction phase plan.
- Know how to prepare the health and safety file.
- Understand why co-operation and co-ordination are integral to the CDM Regulations.
- Understand the importance of integrating safety management in the planning and design stage.



# WHO SHOULD TAKE THIS COURSE?

This course has been designed for anyone who is a key duty holder, whether they are the client, the principal contractor, the principal designer, the designers or sub-contractors. This course offers guidance on the roles and responsibilities of key duty holders.

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